

Edward Harris, Jr. Middle School

Physical Education

Dear parents and guardians,

I would like to welcome you and your family to Edward Harris, Jr. Middle School. My name is Natasha Barron and I will be your child's Physical Education teacher for the 2018-19 school year. My hope is that your child's physical education experience is positive and successful. The 8th grade curriculum will heavily emphasize high intensity interval training and methodologies. These principals are based on flexibility, stamina, endurance, power, speed, coordination, agility, balance, and accuracy. Your child will have the opportunity to learn skills to successfully participate in a lifetime of healthy activities. With that in mind, the ultimate goal is for each child to have the skills, knowledge, and attitude necessary to make positive and healthy life choices.

During the first week of school, each student will receive and bring home a copy of the Physical Education Handbook. This handout provides important information concerning appropriate dress, our PE loaner policy, locker room procedures, parent and doctor excuses, expectations for behavior, student responsibilities, and the grading policy. Please take some time to go over this information with your child.

Your child will need a composition notebook where he/she is expected to keep fitness challenge scores, learning logs, reflections, and notes. Please have notebooks by August 24th. If your child is absent, he/she needs to attend a make-up, which is held immediately after Advocacy on Thursdays to earn full credit for their absence(s).

Please be sure that your child has his/her PE clothes by Tuesday, August 23th as well. EHMS PE clothes are available at the student store during your child's PE period the first week of school, and then at their lunch time from thereafter. The student store will not be open before and after school to purchase clothing.

Your child's grades are earned in three different areas: warm-up, activity, and social skills (appropriate PE clothes, punctuality, and social engagement). Student grades will be entered every other Friday on Synergy, so that you can monitor your child's progress throughout the year. I look forward to working with your child, and to meet you in the near future. Please contact me with any questions by email at nebarron@egusd.net

Sincerely,

Natasha Barron

8th Grade Physical Education